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NCI Building Systems Builds On Award-Winning Wellness Program

Employees lose more than 2,500 pounds in company-wide weight loss challenge

HOUSTON (April 26, 2013) – In 2012, NCI Building Systems launched their wellness program, Vitality 24/7, to encourage employees to make simple, positive changes in their lifestyles. This program has since encouraged employees all over the United States and Canada to take a hard look at their health and, where necessary, use the tools provided to them by NCI to incorporate healthy changes in their day-to-day lives. As a baseline, the program includes biometric health screenings and group results sessions to discuss ways to improve health and monitor important risk markers, such as cholesterol, blood pressure and weight.

NCI caught the attention of its competitive employees with its first-ever eight week “Lite N’ Up” weight loss challenge. More than 350 people participated and together lost a total of 2,624 pounds. In addition to the weight loss challenges, each location is implementing different programs to incorporate wellness into their office culture including healthy lunches, walking events and wellness workshops. Another way leadership is encouraging wellness is by participating in community events that promote a healthy lifestyle. For example, in late 2012, NCI was the platform sponsor of the Northwest Harris County Heart Walk, helping bring in more than \$285,000 for the American Heart Association.

“It has been extremely gratifying to be involved with the Vitality 24/7 program and to see how the program has impacted NCI employees’ lives in a positive way over just a brief period,” said Alice Hill, general manager of human resources at NCI Building Systems. “Enthusiasm for the program has exceeded our expectations, and our goal is to continue to provide employees with the resources and encouragement that will motivate them to make healthy lifestyle adjustments.”

The company’s commitment to the health of its employees has begun to garner attention in the business community as well. Recently, NCI Building Systems was recognized by the *Houston Business Journal* as one of Houston’s healthiest employers. Leadership attended the second annual Healthiest Employers Awards at the Hilton Post Oak on March 26 to receive the award.

Winning this accolade has only encouraged NCI to build on the momentum and to reach even more people next year. They are already researching the aggregate results from this year's health screenings to determine which health conditions will require additional focus in the coming year. The company's wellness-specific goals for next year are to increase participation in the Vitality 24/7 program and to, in turn, help reduce the incidence of obesity, high blood pressure and cardio-metabolic disease within the population.

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About NCI Building Systems

NCI Building Systems, Inc. (NYSE: NCS) is one of the nation's largest integrated manufacturers and marketers of metal coatings, components and buildings for nonresidential construction in North America. NCI is comprised of 20 brands operating 38 manufacturing facilities across the United States and Mexico, with additional sales and distribution offices throughout the U.S. and Canada. For more information visit ncigroup.com.